

Event 2 – O Lifting Ladder - Heat Schedule

Rank/Team Name/ Team Members

Heat #1 -10:30 am

- 28. **Blissfully Ignorant:** Wayne Adare, Caron Adderly, Alan Otnad
- 29. **CF Ludus:** Doug O'Dwyer, Kepler Fontenele, Reta Derouin
- 30. **Team Savage:** Lisa Respondek, Nick Vabderbelb and Jeffrey Hajner

Heat #2 - 10:40 am

- 25. **PPCLI #2 Sweet Boner:** Kathryn Franklin, Will McIntyre, Daniel Emerson
- 26. **4 KBs and a Snatch:** Gerry Curle Jennine Stockall, Jon Harrington
- 27. **EZ Warriors:** Elaina Zebroff, Enrico Saunders, Morenda Issac-Baron

Heat #3 – 10:50 am

- 21. **The Human Beings:** Nathalie Maurer, Darren Kresak, Amy Summers
- 22. **PPCLI #1 Recon Rough Necks:** Rhea Borkowicz-Stewart, Erin McDermott, Justin LaCount
- 23. **Royal Westminster Regiment Westies:** Cpl Clayton Smith, Cpl Alain Voila, Sgt Eric Skrebsky
- 24. **Smuckers:** Alex Ianchichi Joey Alexis, Jeanette Jackson

Heat #4 – 11:00 am

17. **Safety First:** Alex Alami, Emily Taverna, Alex Fallah
18. **Rocky Point:** Sean Simpson, Jordan Haddad, Deanna Schaper-Kotter
19. **Team Clang and Bang:** Deryn Macey, Mal Row, Dan Wales
20. **“Thruster?” We Barely Know Her:** Kyle Allan, Matt Grassi, Jessica Coulter

Heat #5 – 11:10 am

13. **Dorothy, Toto & The Tin Man:** Grace Cheung, David Kuch, Lucas Tinney
14. **Taranis Thunder:** Jack Hutchinson, Sam Dewett, Marie Eve Gagne
15. **The Real Housewives of CFK:** Jishan Sharples, Sara Marlowe, Tak Hasegawa
16. **CF Abbotsford:** Dan Tambosso, Concetta D’Amatto, Alicia Hurley

Heat #6 – 11:20am

9. **Look at the Size of My Poods:** Stacey Bevan, Chris Burshtynski, Tim Dickson
10. **Beauty and the Beasts:** Simon Damborg, Aryn Bartoszyk, Sean Burrows
11. **Jesus, Mary and Marco:** Cam Mather, Meagan McGuinness, Marco Citton
12. **Old Man Strength:** Mike Dahlman, Dan Fontaine, Caroline Fontaine

Heat #7 – 11:30 am

5. **Vicious and Delicious:** Abe De Ramos, Noah McLeod, Natalie Duronio
6. **Old and Cold:** Nick Wood, Jeff Metcalfe, Aimee Weibe
7. **Studeo55 Blonde Oreo:** Theron White, Jacquie Block-Glass, Cameron MacDougall
8. **Studeo 55:** Katie Nodorozny, Jason Noel, Mike McCorkell

Heat #8 – 11:40 am

1. **Team Truffle Butter:** Reilly McMorris, Brittany Brown, Kurt Baker
2. **Super Friends:** Josh Chavarria, Robbie Perovich, Delaina Snider
3. **Two Wolves and a Beer:** Connor Vale, Emily Beers, Fynn Mulligan
4. **CFNV Black:** Matt Ciolfi, Nick Jacklin, Alex Schaalo